

Head Start and After School Snack Menu

May 2019

1

Baby Carrots with Ranch
Goldfish Pretzels

2

Yogurt
Animal Crackers

3

Blueberry Muffin
Milk

6

Apple Cinnamon Muffin
Milk

7

Cherry Craisins
Scooby Doo Crackers

8

Double Chocolate Oatmeal Bar
Milk

9

Apple
Colby Cheese Stick

10

Benefit Bar
Milk

13

UBR Chocolate Round
Milk

14

Baby Carrots with Ranch
Teddy Graham Crackers

15

Heartzel Pretzels
Milk

16

Strawberry Banana Yogurt
Jungle Animal Crakers

17

Apple
String Cheese

20

Apple Cinnamon Muffin
Milk

21

Pear
String Cheese

22

Double Chocolate Oatmeal Bar
Milk

23

Scooby Doo Crackers
String Cheese

24

Baby Carrots with Ranch
Cheese Cubes

27

No School
Memorial Day

28

Juice
Jungle Crackers

29

Strawberry Craisins
Goldfish Crackers

30

Heartzel Pretzel
String Cheese

31

UBR cinnamon bar
Milk

Make sure to get plenty of rest each night!

Healthy snacks are a great way to boost energy!